

## Driving Privileges

In Ontario, it is mandatory for physicians to report to the Ministry of Transportation (MTO) any condition which may affect an individual's ability to drive. The person's driver's licence may be medically suspended. Our program offers driving assessments that the MTO may require prior to reinstatement of driving privileges.

## Costs

The Driver Assessment and Rehabilitation Program is a fee for service program. Funding may be available for clients who are covered through auto insurance, WSIB or local funding agencies. Self-pay is also an option.

## Preparing for an Assessment

Before the assessment all individuals must have a vision examination. Review of the Driver's Handbook is encouraged. Refer to [www.mto.gov.on.ca](http://www.mto.gov.on.ca) for on-line access and purchasing details.

Please bring the following items:

- driver's licence;
- eye glasses if needed;
- report of vision examination;
- list of current medications;
- correspondence received from MTO;
- method of payment (cash, debit, credit);
- \$5 for parking.



# Driver Assessment And Rehabilitation Program



The Association for  
**DRIVER REHABILITATION  
SPECIALISTS**

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Renowned for compassionate care, St. Joseph's is one of the best academic health care organizations in Canada dedicated to helping people live to their fullest by minimizing the effects of injury, disease and disability through excellence in care, teaching and research.

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## Specialized Service

Since 1997, Parkwood Institute has been included in the Ministry of Transportation's panel of approved functional assessment centres. Parkwood Institute is also a member of the Association for Driver Rehabilitation Specialists (ADED) and the National Mobility Equipment Dealer's Association (NMEDA).

### Our Specialists

Occupational Therapists and licensed Driving Instructors experienced in driver rehabilitation services.

### Client Population

We specialize in driver assessment and rehabilitation services for:

- people with mental, physical and/or visual limitations resulting from trauma, illness, disability or natural aging that may impact driving skills.
- people who require equipment and/or modifications to enable safe and accessible driving.
- new drivers who need special instruction and/or vehicle adaptations because of their disability.
- drivers and/or passengers who are experiencing anxiety

### Our Vehicles

We perform assessment and training in sedans with the following adaptive equipment options as needed:

- dual brake,
- hand controls and steering devices
- left foot accelerator

## Service Components

**Note: All services are offered at the discretion of the driver rehabilitation team.**

### 1. Medical Assessment

Clinical Assessment – an assessment by an Occupational Therapist includes a review of medical and driving history, and testing of physical, visual-perceptual and cognitive/ thinking skills.

On-road Assessment – If the client meets minimum clinical assessment requirements, he or she proceeds to an on-road assessment conducted by an Occupational Therapist and a licensed Driving Instructor. This assessment is used to determine the impact of the client's medical condition on functional driving skills. The on-road assessment is conducted as per MTO standards.

### 2. Vision Waiver Program

We are one of the few designated centers in Ontario that conduct functional driving assessments for people who do not meet the vision requirements to drive in Ontario. People must be approved by the MTO prior to referral to our program. An on-road assessment will follow clinical testing if the client meets the minimum requirements established by the MTO.

### 3. Equipment and Vehicle Modifications Assessment

In addition to completing a full assessment (see above), the client undergoes further assessment if adaptive equipment is required for driving and vehicle accessibility.

### 4. Passenger Assessment

An evaluation for vehicle modifications is completed if a passenger has unique needs.

### 5. Driver Rehabilitation/ Training

Driver rehabilitation services are available for those requiring assistance to return to safe, confident and independent driving. Based on the Occupational Therapist's recommendations, the following services may be offered:

- individualized in-car training
- in clinic and in-car training addressing driving/passenger anxiety

## Further Recommendations

- We link with the Ontario Truck Driving School for commercial driver assessments when appropriate.
- Recommendations may be made for the client to follow-up with other service providers such as psychology, ophthalmology or other rehabilitation services.
- Information about alternative transportation methods is provided when appropriate.

## Referral Process

Referrals can be made by physicians, health care professionals, insurance companies or family members. Self-referrals are also accepted.

[https://www.sjhc.london.on.ca/sites/default/files/pdf/specializedgeriatrics\\_driveableform.pdf](https://www.sjhc.london.on.ca/sites/default/files/pdf/specializedgeriatrics_driveableform.pdf)

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